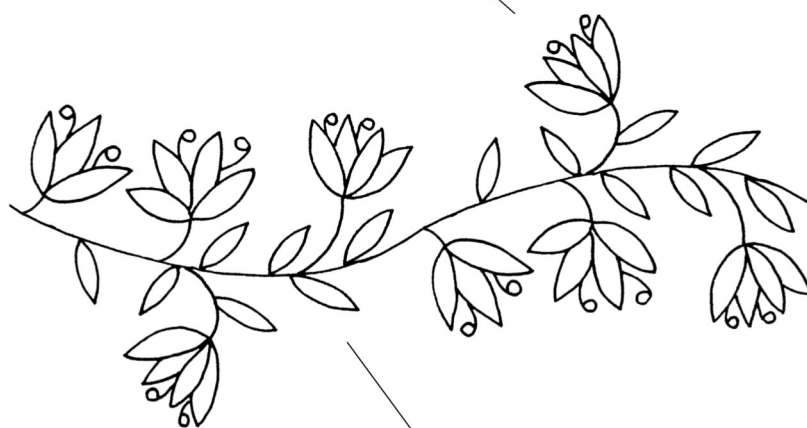


Heather

Flower petals - satin stitch. Lilac.
Flower greenery - single stitch and French knots. Green.



Leaves - satin stitch. Green.
Stems - whipped running stitch. Green.

Satin stitch the petals in lilac.
Single stitch the greenery in green. Add green French knots (or single small stitches).
Stitch the leaves using satin stitch in green.
Use a whipped running stitch to embroider the stems in green.

Thread

Use two strands of embroidery floss, or 1 strand of 12wt cotton thread for all of these embroidery patterns.